



"I really enjoyed the Ras de Cymru in 2008 - the racing was good
>>quality and each stage really showed off the region with great
>courses
>>and different challenges. Everyone I spoke to at the event were
>>impressed with the image it portrayed of both the region and Welsh
>>Cycling. It was well organised with great facilities which all
>helped
>>to create a great spirit. Hopefully I will be riding this event
>this
>>year!"
>>
>>Nicole Cooke MBE

